

Kimberly Ann Wilson, Ph.D.

EDUCATION

- 2002-2005 Postdoctoral Fellowship
Stanford University School of Medicine
Institutional National Research Service Award, NIMH T32
Mentors: Helena Kraemer, Ph.D. and Chris Hayward, M.D.
- 2001-2002 Predoctoral Internship
Harvard Medical School/Massachusetts General Hospital
Cognitive-Behavioral Scientist Track
Training Director: Michael Otto, Ph.D.
- 1996-2001 Ph.D. in Clinical Psychology
University of North Carolina at Chapel Hill
Dissertation: *Cognitive Therapy for Obsessive-Compulsive Disorder*
Master's Thesis: *Exaggerated Responsibility and OCD*
Advisor: Dianne Chambless, Ph.D.
- 1990-1994 B.A. in Psychology
Smith College
Advisor: Randy Frost, Ph.D.

HONORS AND AWARDS

- 2002 Wallach Award to the program's most outstanding student in the graduating class, Clinical Program, Department of Psychology, University of North Carolina
- 2000 Honorable Mention for the Student Dissertation Award, Association for the Advancement of Behavior Therapy (AABT)
- 1994 Graduated cum laude, Smith College
- 1994 Kathleen Bostwick Award to the member of the graduating class who best demonstrated commitment to community service

FELLOWSHIPS

- 2000-2002 Postdoctoral Fellowship, National Institute of Mental Health, T32, Stanford University School of Medicine

FELLOWSHIPS (Continued)

2000-2002 Predoctoral Fellowship, National Institute of Mental Health, National Research Service Award, F31

EMPLOYMENT RECORD

2008-Present Private Practice, Oakland, California

2005-2008 Instructor, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, California

2002-2005 Postdoctoral Fellow, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, California

2001-2002 Predoctoral Intern, Harvard Medical School/Massachusetts General Hospital, Boston, Massachusetts

1996-2001 Graduate Student, Department of Clinical Psychology, University of North Carolina, Chapel Hill, North Carolina

2000-2001 Clinic Coordinator, Psychological Services, University of North Carolina, Chapel Hill, North Carolina

1999-2000 Graduate Instructor, Department of Clinical Psychology, University of North Carolina, Chapel Hill, North Carolina

1996-1998 Research Assistant, Department of Clinical Psychology, University of North Carolina, Chapel Hill, North Carolina

1994-1996 Research Technician, National Center for PTSD, Boston VA Medical Center, Boston, Massachusetts

1990-1994 Undergraduate Student, Smith College, Northampton, Massachusetts

1993-1994 Research Assistant, Department of Psychology, Smith College, Northampton, Massachusetts

1993-1994 Teaching Assistant, Department of Psychology, Smith College, Northampton, Massachusetts

PUBLIC SERVICE

2005-2006 Executive Committee, PGSP-Stanford Consortium

PUBLIC SERVICE (Continued)

2005	Contra Costa County Psychological Association, Information and Referral Service
1998	Class Representative for Clinical Psychology Program Meetings, University of North Carolina
1998	Student Representative, Clinical Psychology Faculty Search Committee, University of North Carolina
1994	Executive Chair, Student Organizations of Smith, Campus-wide Community Service Program, Smith College
1992-1994	Fundraising Chair, Student Organizations of Smith, Campus-wide Community Service Program, Smith College

TEACHING

(at Stanford, unless otherwise noted)

<u>Date</u>	<u>Course</u>	<u>Type of Student</u>
2005-2008	Dissertation Seminar (Co-taught)	Graduate Students in Clinical Psychology
2005	Introduction to Clinical Psychology	Undergraduates
2005	Foundations of Cognitive Therapy	Graduate Students in Clinical Psychology
2004-2006	Developmental Psychopathology (Co-taught)	Graduate Students in Clinical Psychology
2004-2006	Critical Issues in Clinical Psychology (Co-taught)	Graduate Students in Clinical Psychology
2004	Anxiety Treatment Center, Palo Alto Health Care System (guest lecture)	Psychology Interns and Residents
1998-2000	Abnormal Psychology, University of North Carolina	Undergraduates

TEACHING (Continued)

<u>Date</u>	<u>Course</u>	<u>Type of Student</u>
1994	Introductory Psychology, Smith College	Undergraduates

SUPERVISION

2005-2008	PGSP-Stanford Consortium, Department of Psychiatry & Behavioral Sciences, Stanford University. Chaired 7 dissertations and served on additional 5 dissertation committees. Example topics include: evaluation of a parent treatment group for children with anxiety disorders; development and validation of a measure of motivation to change for people who hoard; expectancy enhancement in CBT for depression.	
2004-2005	Department of Psychiatry & Behavioral Sciences, Stanford University Trained and supervised doctoral students in administering structured clinical interviews (i.e., SCID and ADIS) to adults and adolescents.	
1999-2002	Psychology Department, University of North Carolina Supervised therapists in conducting cognitive treatments for outpatients with obsessive-compulsive disorder.	
1999-2002	Psychology Department, University of North Carolina Supervised team of undergraduate students in conducting adherence checks and coding process variable for a treatment study of obsessive-compulsive disorder.	
1999-2000	Psychology Department, University of North Carolina Supervised a graduate student in treating a client with social phobia.	
1996-1997	Psychology Department, University of North Carolina Supervised undergraduates in conducting adherence checks for treatment study for panic disorder and agoraphobia.	

FUNDED RESEARCH GRANTS

2006-2008	K01, Career Development Award, National Institute of Mental Health, priority ranking of 134 Role: Principal Investigator	
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FUNDED RESEARCH GRANTS (Continued)

- 2000-2002 F31, National Research Service Award, Predoctoral Fellowship, National Institute of Mental Health, priority ranking of 139
Role: Principal Investigator
- 2002 Trainee Travel Award, the Anxiety Disorders Association of America
Role: Principal Investigator
- 1999 Smith Graduate Research Fund Grant
Role: Principal Investigator
- 1999 Harriet L. Rheingold Award to support dissertation research
Role: Principal Investigator

MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS

- Anxiety Disorders Association of America
- Association for Behavioral and Cognitive Therapies
- Obsessive-Compulsive Foundation

EDITORIAL POSITIONS

- Consulting Reviewer:
- American Family Physician
- Behaviour Research and Therapy
- Cognitive Therapy and Research
- General Hospital Psychiatry
- Journal of Consulting and Clinical Psychology
- Personality and Individual Differences

PRESENTATIONS

- 2004 *Anxiety Sensitivity and Trait Anxiety in a Community Sample of Adolescents*. Presented at the Research Meeting of the Laboratory for the Study of Behavioral Medicine
- 2001 *Cognitive Therapy for Obsessive-Compulsive Disorder*. Presented to the Behavioral Research & Mental Health Unit of the Joslin Diabetes Center, Boston, Massachusetts
- 2000 *Psychosocial Treatments for Obsessive-Compulsive Disorder*. Presented to OCD Support Group in Burlington, North Carolina
- 1998 *Inflated Perceptions of Responsibility and Obsessive-Compulsive Symptoms*. Presented to Clinical Psychology Department at the University of North Carolina

BIBLIOGRAPHIC INFORMATION

Abstracts

Wilson, K. A., & Hayward, C. (2004, November). *Unique Contributions of Anxiety Sensitivity to Avoidance in Adolescence*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Wilson, K. A., & Hayward, C. (2004, November). *Cognitive Vulnerabilities in Daughters of Women with Panic Disorder*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Hartl, T. L., Rosen, C. S., Drescher, K. D. Crawford, E. A., & **Wilson, K. A.** (2003, November). *Predicting Suicide and Violence in Male Veterans Treated for PTSD*. Paper presented at the annual meeting of the International Society of Traumatic Stress Studies, Chicago, IL.

Hayward, C., **Wilson, K. A.,** Lagle, K. L., Killen, J. D., & Taylor, C. B. (2003, November). *Parent-reported risk factors for panic attacks and anxiety sensitivity in adolescents*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Wilson, K. A., & Hayward, C. (2003, November). *A prospective evaluation of agoraphobia and depression symptoms following panic attacks in a community sample of adolescents*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Wilson, K. A., & Chambless, D. L. (2000, November). Cognitive therapy for obsessive-compulsive disorder. In M. Whittal (Chair), *Cognitive treatment of OCD*

Abstracts (Continued)

and BDD: Current status and future directions. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Goldstein, A., de Beurs, E., Chambless, D. L., & **Wilson, K. A.** (1999, September). *EMDR for panic disorder with agoraphobia: Comparison with waiting list and credible attention-placebo control conditions*. Paper presented at the annual meeting of European Association for Behavioural and Cognitive Therapy, Dresden, Germany.

Wilson, K. A., & Chambless, D. L. (1998, November). *Inflated perceptions of responsibility in OCD*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.

Chambless, D. L., Fauerbach, J., Floyd, F., Remen, A., & **Wilson, K. A.** (1997, November). *Problem solving and marital interaction in agoraphobia: A comparison with a community sample*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.

de Beurs, E., **Wilson, K. A.**, Chambless, D. L., Goldstein, A., & Feske, U. (1997, November). *Convergent and divergent validity of the Beck Anxiety Inventory for patients with panic disorder and agoraphobia*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.

Prins, A., Hearst-Ikeda, D., **Wilson, K. A.**, & Wolfe, J. (1995, November). *The measurement and consequences of trauma concealment*. Paper presented at the annual meeting of the International Society of Traumatic Stress Studies, Boston, MA.

Journal Articles

Hayward, C., **Wilson, K.**, Lagle, K., Kraemer, H. C., Killen, J. C., & Taylor, C. B. (2008). The developmental psychopathology of social anxiety in adolescents. *Depression and Anxiety, 25*, 200-206.

Hayward, C., & **Wilson, K.** (2007). Anxiety sensitivity: The missing piece to the agoraphobia-without-panic puzzle. *Behavior Modification, 31*, 162-73.

Kraemer, H. C., **Wilson, K. A.**, Hayward, C. (2006). Lifetime prevalence and pseudocomorbidity in psychiatric research. *Archives of General Psychiatry, 63*, 604-608.

Wilson, K. A., & Hayward, C. (2006). Unique contributions of anxiety sensitivity to avoidance in adolescence. *Behaviour Research & Therapy, 44*, 601-609.

Wilson, K. A., & Chambless, D. L. (2005). Cognitive therapy for obsessive-compulsive disorder. *Behaviour Research & Therapy, 43*, 1645-1654.

Journal Articles (Continued)

Wilson, K. A., & Hayward, C. (2005). A prospective evaluation of agoraphobia and depression symptoms following panic attacks in a community sample of adolescents. *Journal of Anxiety Disorders, 19*, 87-103.

Hayward, C., **Wilson, K. A.,** Lagle, K., Killen, J. D., & Taylor, C. B. (2004). Parent-reported risk factors for panic attacks and anxiety sensitivity in adolescents. *Journal of the American Academy of Child & Adolescent Psychiatry, 43*, 613-620.

Gershuny, B. S., Baer, L. Radomsky, A., **Wilson, K. A.,** & Jenike, M. A. (2003). Connections between symptoms of obsessive-compulsive disorder and posttraumatic stress disorder: A case series. *Behaviour Research & Therapy, 41*, 1029-1041.

Chambless, D. L., Fauerbach, J. L., Floyd, F., **Wilson, K. A.,** Remen, A., & Renneberg, B. (2002). Marital interaction of agoraphobic vs. normal women: A behavioral observation study. *Journal of Abnormal Psychology, 111*, 502-512.

Goldstein, A., de Beurs, E., Chambless, D. L., & **Wilson, K. A.** (2000). EMDR for panic disorder with agoraphobia: Comparison with waiting list and credible attention-placebo control conditions. *Journal of Consulting and Clinical Psychology, 68*, 947-956.

Wilson, K. A., & Chambless, D. L. (1999). Inflated perceptions of responsibility and obsessive-compulsive symptoms. *Behaviour Research and Therapy, 37*, 325-335.

de Beurs, E., **Wilson, K. A.,** Chambless, D. L., Goldstein, A., & Feske, U. (1997). Convergent and divergent validity of the Beck Anxiety Inventory for patients with panic disorder and agoraphobia. *Anxiety, 6*, 140-146.

Book Chapters

Martis, B., Keuthen, N., **Wilson, K. A.,** & Jenike, M. (2004) . Obsessive-compulsive disorder. In D. J. Stein (Ed.), *Clinical manual of anxiety disorders*. Washington, DC: American Psychiatric Press.

Wilson, K. A., de Beurs, E., & Chambless, D. L. (2004). The Beck Anxiety Inventory. In M. E. Maruish (Ed.), *The use of psychological testing for treatment planning and outcomes assessment: Vol. 2. Instrumentation for adults and future directions*. (3rd ed, pp. 399-420). Mahwah, NJ: Lawrence Erlbaum Associates.

Steketee, G., Frost, R. O., & **Wilson, K. A.** (2002). Studying cognition in obsessive compulsive disorder: Where to from here? In R. O. Frost & G. Steketee (Eds.), *Obsessive-compulsive-disorder*. Elsevier.